Join us in the Rocky Mountains!

**July 24-27, 2022 | Estes Park, Colorado**

The National Fallen Firefighters Foundation invites the Fire Hero Men to our inaugural “for men only” retreat in the mountains!

The fun and exciting Mens Retreat will blend outdoor experiences in nature with conversations designed to build connections, skills, and insight to face grief and other life challenges. Activities include **fly fishing, friendship, a special service project, and more!**

With the majestic backdrop of Rocky Mountain National Park and Roosevelt National Forest, you will experience a memorable adventure built around time spent outdoors. Join men in our Fire Hero Family to **share stories and connect with others** who truly understand.

**Our Inaugural Retreat for Men**

The program is designed to help you gain knowledge and skills to understand and deal with grief and to build supports as you move forward—all while experiencing the healing power of nature.

- Guided **fly-fishing** excursion—for beginners and experts alike!
- Hands-on **service project** at the new aviation firefighters memorial in Hermit Park
- Relaxed hiking, stargazing, and swimming
- An in-person taste test of **Mike’s Famous Bacon-Wrapped Chicken Wings**—which were featured in the very first virtual meet-up of Men Forging Ahead!

**TRAVEL DETAILS:**

Through the generous support of a grant from the Department of Justice, the Mens Retreat (including travel) is **free of charge** to those eligible.

**Denver International Airport**
- **Arrival:** July 24
- **Departure:** July 27

**Ridgeline Hotel**
Estes Park, Colorado

REGISTER TODAY!

Click here to register for the Mens Retreat and to see the full schedule of events and activities. Space is limited for this event and registration will be accepted on a **first-come, first-served basis.** Registration will remain open until full or until June 24.

**Questions?**
Contact Eric Nagle at enagle@firehero.org or (301) 447-7691.

**“The most helpful thing for me is sharing with others and learning things I can do to ‘heal’ myself.”**

**“No matter the years that pass, there is a benefit to connecting with other survivors.”**