Join us in the Rocky Mountains
July 27-31, 2022 | Estes Park, Colorado

We’re heading to Colorado! The National Fallen Firefighters Foundation invites you to join us for an adventure in the mountains—featuring hiking, horseback riding, swimming, stargazing, and more!

Our majestic backdrop for this mountaintop adventure is Rocky Mountain National Park and Roosevelt National Forest. Those who have attended past retreats have called them “life-changing.” Now it’s your turn!

Waypoints: Orienting Yourself to Grief’s Geography

On this memorable retreat, you’ll experience:

- Outdoor adventures and experiences as you make new memories
- Shared stories and connections with peers who’ve experienced similar loss
- Facilitated conversations to help you get your bearings and orient your heart as you navigate through life transitions
- Levi the Therapy Dog: known for his playfulness, intelligence, and trail navigation skills!

“Sharing our stories and hearing how others deal with grief lets me know I’m not alone.”

Register Today!
Click here to register for the Young Adults Retreat and to see the full schedule of events and activities. Space is limited and on a first-come, first-served basis. Registration will remain open until full or until June 24.

Questions?
Contact Jenny Woodall at jwoodall@firehero.org or (301) 447-7691.

Our Young Adults Retreat is open to young adults (children, stepchildren, and siblings), ages 18-25, whose firefighter has been honored or is approved to be honored at the National Fallen Firefighters Memorial.